

## THE UNITARIAN UNIVERSALIST TRADITION

There are seven principles which Unitarian Universalist congregations affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Unitarian Universalism (UU) draws from many sources:

- Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
- Words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
- Wisdom from the world's religions which inspires us in our ethical and spiritual life;
- Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
- Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit.
- Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.

### CONTACT PSWARM c/o

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## UUA ADDICTIONS MINISTRY

**"WE HOPE TO FOSTER THE DEVELOPMENT OF ADDICTIONS MINISTRIES THROUGHOUT OUR DENOMINATION. THIS LIST WILL BE USED TO SHARE INFORMATION, IDEAS, RESOURCES, AND ENCOURAGEMENT WITH UNITARIAN UNIVERSALISTS INTERESTED IN THE CHALLENGES AND EFFECTS OF ADDICTION WITHIN OUR CONGREGATIONS AND IN THE LARGER SOCIETY AND TO BUILD CONNECTIONS AND NETWORKS AMONG THEM."**

## MAKING CONNECTIONS

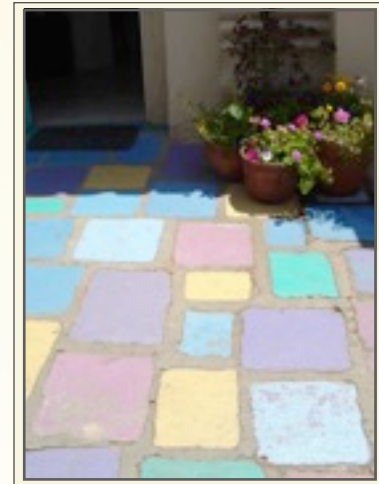
<http://lists.uua.org/mailman/listinfo/addictions-ministry>



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# PSWARM

## PACIFIC SOUTHWEST ADDICTIONS & RECOVERY MINISTRY



### MISSION STATEMENT

The Pacific Southwest District Addictions & Recovery Ministry offers resources and support to Unitarian Universalist congregations and individuals who seek to foster health, hope, and wholeness for themselves or others affected by addiction.





**WE UNDERSTAND...**

*We understand the debilitating nature of addiction and its devastating effects upon the physical, emotional, and spiritual lives of those who are affected.*

*We understand that addiction affects not only those with the addiction, but also families, friends, and others.*

*We recognize the inherent worth and dignity of each person and each person's unique search for truth and meaning.*

*In light of that, we understand that there may be multiple ways for people to recover from addictions.*

*We support people in finding and utilizing methods that fit for them.*

*We understand the power of love and interconnectedness to uplift and uphold those who journey toward health and wholeness, and we nurture that power in our work together.*



# Health, Hope & Wholeness

The Pacific Southwest Addictions & Recovery Ministry is a resource for health, hope and wholeness for our District by providing congregations and their members with resources to deal with addictions and issues surrounding addictions: their own or those affecting their friends, family or co-workers.

It is comprised of Unitarian Universalist ministers and laypeople committed to empowered addictions recovery by supplementing traditional Twelve-Step programs.

**WE PROVIDE:**

- Educational resources
- Speakers for your congregation, district meetings, or worship services
- Worship Service Consultation to help you craft a worship service on the subject of addictions and recovery
- Support for those congregations wishing to start an addiction recovery group

**YOUR PSWARM CONTACTS**

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YOU?

